

What will help to make an application successful?

Grant applications are more likely to be successful if:

- The application form is completed fully, giving as much detail as possible, including actual or projected costs
- Your group or activity is specifically for people who experience mental health issues
- Your group or activity can show their members actively contribute by:
 - Planning and running activities
 - Making direct contributions to transport costs, holidays and trips
 - Fundraising for the group or activity

How do I get a grant application form?

You can get an application form, dates for submission and further information about the Live Well Grant by contacting the Grant Administrator:

Website: www.livewellleeds.org.uk

E-mail: grants@livewellleeds.org.uk

Contact: Grant Administrator. Tel no: 0113 219 2727



Live Well Grant

What is the Live Well Grant about?

The Live Well Grant for mental health support groups provides grants of up to £1000 towards the running costs of projects for adults with mental health issues in Leeds

The Live Well Grant supports groups whose main objective is to provide activities which prevent people with mental health issues from escalating. Funding for the scheme comes from the Adult and Health department of Leeds City Council and NHS Leeds CCG and is administered by Live Well Leeds

The fund shall be managed by the Allocation Group which has members from Adult and Health Services, NHS Leeds CCG, Voluntary Sector Mental Health Services and Live Well Leeds Service Users

The Allocation Group meets quarterly to review all applications received and agree allocation of grant monies. The amount awarded may depend upon the amount requested, the number of applications received, the reason for the application and the quality of the application.

For more information please visit www.livewellleeds.org.uk/get-involved/

What type of costs can you apply for?

Grants will be awarded for running costs which are essential for the purpose of the project such as:

- Room Hire
- Refreshments
- Volunteer expenses
- Transport, trips and holidays
- Speakers and Facilitators
- Equipment and materials
- Drop in

How much can you apply for?

- Grants are up to a maximum of £1000 in one year. If the grant is not spent within that period, any underspend must be returned
- Applicants receiving a grant have to confirm receipt of the grant, and, by the end of the year, submit a report on the use of the grant and how the activity has benefited people with mental health issues. Applicants who do not report back will not be considered for further grants and may be asked to repay the grant
- Individuals that apply for a group activity can nominate a third sector organisation to hold the funding on their behalf (with organisation's agreement). Funding will only be paid into the nominated account

Who can apply for a grant?

Any individual or group that organises activities or one off events, in Leeds, which prevent mental health issues escalating or supports people with mental health issues to better cope with their situation. The activities or events must be open access, without requiring a referral from a health or social care organization. The main beneficiaries must be 18 years of age and over.

Applications can be made for events or activities that are:

- One off events
- Activity based projects
- Out of hours' projects
- Self Help groups
- Peer support groups
- Innovative and imaginative projects
- Projects which reduce the mental effects of social isolation

Examples of previously funded activities include:

- Creative Writing group
- Mindfulness Peer Support Group
- LGBT mental health support

Applications are welcomed, in particular, from groups who are under-represented in the take up of grants i.e. BME, LGBT.

Who cannot apply for a grant?

- Groups that will only allow people to access the activity via a referral from another service
- General health and well-being groups, not primarily concerned with mental health
- Organisations that receive core funding to deliver mental health services
- Groups for the benefit of children only